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MEASUREMENT OF HEALTH STATUS IN COPD IN DAILY CLINICAL PRACTICE

Ioanna Tsiligianni

1. Health status is independent of spirometry values ie; FEV₁ (this thesis)
2. Health status and GOLD stage severity should be used together for the evaluation of COPD patients as many patients with relatively mild –moderate pulmonary function impairment suffer from a severe impact of the disease (this thesis)
3. CCQ is a reliable and easy tool for use in primary care (this thesis)
4. Depression and anxiety should be assessed in COPD patients as they strongly influence quality of life (this thesis)
5. There is a variety of questionnaires available for assessing health status in COPD with different properties. CCQ is among the best tools for primary care use (this thesis)
6. Although many tools are available for measuring functional status in COPD only few can be used in daily clinical practice (this thesis)
7. Telehealth potentially could be of help for primary care physicians especially for rural and remote areas (this thesis)
8. Never visit a doctor that leaves the plants in his office dying (Erma Bombeck, American columnist)
9. Life is what happens while you are busy making other plans (John Lenon)
10. The only true wisdom is in Knowing you know nothing (Socrates)
11. The doctor told me first the good news: A new disease would have my name (Steve Martin)
12. Make a habit of two things: to help or at least to do not harm (Hippocrates)
13. Cure sometimes, treat often, comfort always (Hippocrates)
14. The marvellous thing in serving a rural village as GP is that you become a member of a larger family, since most patients call me 'my child' instead of doctor.